



Welcome to the Family Promise of Gainesville's 2nd Annual Bed Race. As a participant in this Bed Race you have an opportunity to take part in a unique fundraising event. We want to thank you in advance for volunteering your time to help us raise money to support local children and their families. With your commitment to participate in this event, Family Promise of Gainesville benefits in so many different ways. Through your participation you can feel proud that homeless children and their families are being helped to get back on their feet.

How does the race work?

Good question! The day before the race, the starting slots will be randomly selected for each team. This will put the teams in order (1 races 2, 3 races 4,...).

On race day, your team will race two heats...one on the inside lane and one on the outside lane. Your two times will be averaged.

The two fastest average times for each division (adult and youth) will then race each other in a one heat finals! The fastest average time will pick which lane they would like to race in.

Below is an overview of the track so you get an idea of the distance.

